



Express Your Health

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Dear New Patient,

Dr. Wells and all the staff at *Express Your Health* strive to ensure that our patients are receiving the best possible care through a Patient - Provider Partnership. The goals of this partnership are to improve communication between care providers, prevent unnecessary or repeated procedures, and limit the amount of disability our patients' experience.

In order to facilitate communication between patients and care providers, the healthcare team expects that our patients will:

- Provide complete medical histories about past illnesses, medications, hospitalizations, family history of illness, and other matters relating to their health.
- Ask for information or clarification about their treatment plan and condition when they do not fully understand what has been described.
- Be truthful with their physicians and clearly express any of their concerns.
- After the patient and doctor have agreed upon a treatment plan and goals for improvement, patients are responsible for cooperating with that treatment plan and for keeping their appointments.
- Meet their financial obligations with regard to their medical care or discuss financial hardships with their physicians.
- Be committed to health maintenance through positive behavior; illness and injury can often be prevented by a healthy lifestyle.

We, your health care providers, believe strongly in the principle of patient autonomy, which holds that an individual's physical, emotional, and psychological integrity should be respected and upheld. This principle also recognizes the human capacity to self-govern and choose a course of action from among different options. We pledge to work directly with your primary care physician, specialists, and the rest of your health care team to ensure that you receive the best and most appropriate care possible.

At your next visit, we will ask you to agree to our Patient – Provider Partnership and that you have been informed of our office policies. If you have any questions or concerns, please feel free to ask. Your health is our highest priority.

Thank you for being a great patient!

Dr. Wells and the team at *Express Your Health*